

# Monday, January 11, 2010

## [Ostomy Armor](#)

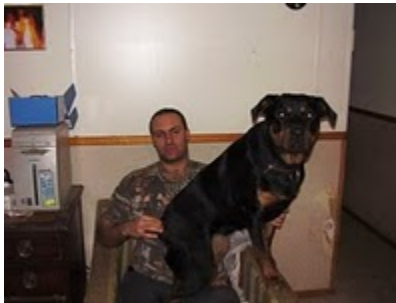
In my quest to not just get into shape but to be a bicycling and kickboxing beast again I ordered Ostomy Armor. The promise is that it protects the ostomy from extreme danger.

Today I received my Ostomy Armor. It came shrink wrapped with that new product smell. Slick for a handmade custom-to-order product. The proprietor put a lot of thought into the design of this product. It has chamois cloth on a pull-to-fit clip with a large anodized aluminum protective plate around it.

When I put it on, I feel that it basically pushes down on everything but the stoma. This means that the bag and the wafer are pressed down upon but a channel directing output remains wide open. Much better than any ostomy belt I've seen. It will likely increase wear time of my wafer as the pressure of the bag's weight is distributed around the waistband. One other thing: The chamois seems to be sweat wicking and comfortable. I can probably sleep in this thing.

Ok, technicalities and speculation aside, I love this thing already.

Test 1. My first use of it was to have Pitzi our Rottweiler jump on my lap. (You may remember her as our gas-expeditor. She likes to make people fart by throwing her 100 lb body on their large colons. ) So she jumped on my belly. No problems.



Test 2. Then I took my wife's arm and asked her to loosen it up and then pounded my gut with it. Her reaction was mixed. She was very happy that my stoma is protected. Not so happy with my impact on her hand. That shield is tough!



Test 3. I can do handstands now without my bag falling into my mouth!

I look forward to test driving this thing as we go rock climbing soon. I hope it doesn't shift if I fall off a boulder. Also I hope it can withstand me spilling in a motocross or mountain bike fall. That could potentially hurt. In the meantime, Yeeh-ha!

Thanks Gordon Scott of <http://www.ostomyarmor.com/>!

